



## CARING FOR YOUR HEALTH Social Determinants Indicator Tool (CFYH Tool).

The HealthCare Dynamics International (HCDI) Support and Alignment Network (SAN) is delighted to share the 'Caring for Your Health' Social Determinants Indicator Tool (CFYH Tool). HCDI developed this tool in response to clinician concerns regarding the social factors affecting their patient population, the impact of these factors on clinical outcomes, and the subsequent negative adjustment that can result from value-based payment model. These social factors may also affect the patient's ability to self-manage and adhere to their shared decisions. This brief questionnaire is patient facing and provides real-time, up-to-date information to you, the provider, while creating an opportunity for shared decision-making to identify patient preferences to improve the quality of their care. HCDI SAN provides free training and technical assistance to effectively integrate this tool into your already established work flow processes.

The 'Caring for Your Health' Social Determinants Indicator Tool is both a patient level and population health management tool that:

- » Provides real-time opportunities to identify socioeconomic factors that can affect the patient's clinical outcomes
- » Assists in patient risk stratification
- » Allows for documentation of the patient case complexity
- » Aids in development of early interventions
- » Promotes health equity

### Leveraging the information obtained from CFYH Tool: ICD-10 Coding

ICD-10 Coding has greatly expanded the number and specificity of codes available to completely describe a pa-

tient encounter. Among these new codes are the Z codes related to family and social circumstances impacting health status. Data on social determinants of health collected through Z codes may be used in population health management. Z code data on social determinants of health can supplement traditional clinical patient data to improve patient management. A practice identifying a defined process for collecting and aggregating data on social determinants of health is an important step toward patient population management and for practice transformation

Z code: Z55-Z65 - Persons with potential health hazards related to socioeconomic and psychological circumstances:

- » Z55 Problems related to education and literacy
- » Z56 Problems related to employment and unemployment
- » Z57 Occupational exposure to risk factors
- » Z59 Problems related to housing and economic circumstances
- » Z60 Problems related to social environment
- » Z62 Problems related to upbringing
- » Z63 Other problems related to primary support group, including family circumstances
- » Z64 Problems related to certain psychosocial circumstances
- » Z65 Problems related to other psychosocial circumstances

For more information on the CFYH Tool and the enrollment process, please call Dawn Payne at 301-552-8803 ext. 208 or send an email to [dpayne@hcdi.com](mailto:dpayne@hcdi.com).

We look forward to working with you! Thank you!